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## **REGISTRATION NOTES:**



**Biofeedback  
Society of  
Wisconsin**



presents its:

Postage

## **2006 ANNUAL CONFERENCE:**

### **Trouble at the Core**

- Pelvic Pain
- Sexual Dysfunction
- Incontinence

*Treating the Whole Person at the  
Most Intimate Level*

**September 15-16, 2006**

Sheraton Milwaukee Brookfield Hotel  
Brookfield, WI 53005

### **KEYNOTE WORKSHOP:**

**Biofeedback & rehabilitation  
treatment of pelvic floor  
pain disorders**  
with Jeanette Tries, Ph.D., OTR

#### **Including:**

Panel discussion on dyspareunia in women

Applied case studies on pelvic floor  
disorders from a physical therapy and  
occupational therapy perspective

Relaxation strategies for treatment of  
pelvic pain

Biofeedback Society of Wisconsin  
c/o CherbirschServices  
1426 Erin Lane  
Waukesha, WI 53188  
www.biofeedbackwi.org



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Email address for confirmation and participant list only. BSW does not rent nor sell email information to outside entities.

No refunds; substitutions gladly accepted. Call (262) 446-2136 before September 8th to change registration.

Brochure design and conference registration services provided by:  
[CherbirschServices@wi.rr.com](mailto:CherbirschServices@wi.rr.com)

### **ADA Statement**

The Biofeedback Society of Wisconsin fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of the conference needs special accommodation, please specify on registration or contact BSW.

**Registration form goes here on the back of the outside mailing page.**

## BIOFEEDBACK SOCIETY of WI

### Trouble at the Core

**September 15-16, 2006**

Sheraton Milwaukee Brookfield Hotel,  
375 S. Moorland Road  
Brookfield, WI 262-364-1100

### Who Should Attend

The annual Biofeedback Society of Wisconsin conference offers education and networking for all integrative mind-body practitioners, incorporating biofeedback within wider views of healthcare and wellness.

### Purpose

To educate attendees about the interdisciplinary treatment of pelvic pain disorders including biofeedback.

### Biofeedback and Rehabilitation Treatment of Pelvic Pain Disorders with Jeannette Tries, Ph.D., OTR

### Keynote Objectives

Attendees will be able to:

- Describe the characteristics and differences of general mechanisms of pain.
- Differentiate frequently seen pelvic pain disorders.
- Design a biofeedback assessment protocol for pelvic pain.
- List various medical treatments used for pelvic pain.
- Appreciate the role of adjunctive behavioral and rehabilitation techniques that are used in the treatment of pelvic pain disorders.

## AGENDA

### Friday, September 15<sup>th</sup>

**8-9am** Registration/breakfast  
**9-10:30** Treatment of Pelvic Pain  
by Jeannette Tries, Ph.D.  
Break  
**10:30-10:45** Dr. Tries continues  
**10:45-12:15pm** Lunch and business meeting  
**12:15-1:30** Dr. Tries continues  
**1:30-3:00** Break  
**3:00-3:15** Dr. Tries continues  
**3:15-5:15** Dr. Tries continues

### Saturday, September 16<sup>th</sup>

**8:15-8:45am** Registration/breakfast  
**8:45-10:15** Dyspareunia Panel Discussion  
Break  
**10:15-10:30** Panel continues  
**10:30-12:00pm** Lunch  
**12:00-1:30** PT/OT Panel Discussion  
Break  
**3:30-3:45** Relaxation Strategies  
**3:45-4:45** by Janice Singles, Psy.D.  
**4:45-5:00** Evaluation and Adjournment

### Accommodations

The Sheraton Milwaukee Brookfield Hotel is holding rooms through **August 24th only. CALL (262) 364-1100** to reserve the special rate of \$92 deluxe room (must mention "Biofeedback Society of Wisconsin. "). Visit [www.starwoodhotels.com](http://www.starwoodhotels.com) for accommodation details and directions. This Sheraton is in a prime location in beautiful Brookfield within walking distance of Brookfield Square Mall and many fine restaurants.

## Continuing Education Credits

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Medical College of Wisconsin and BSW. The Medical College of Wisconsin (MCW) is accredited by the ACCME to provide continuing medical education for physicians.

The Medical College of Wisconsin designates this educational activity for a maximum of 12.5 *AMA PRA Category 1 Credits*™. Physicians should claim credit commensurate with the extent of their participation in the activity.

### Nursing contact hours:

Children's Hospital and Health System is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Nurses who successfully complete this activity will receive 15.3 nursing contact hours.

### Contact Hour Statement for Allied Health

#### Professionals:

The Medical College of Wisconsin designates this activity for up to 12.5 contact hours of continuing education for allied health professionals.

### Psychology CE Credit Statement:

The Medical College of Wisconsin is approved by the American Psychological Association to offer continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for the program and its content. Partial credits will not be awarded.

### Masters Level Counselors

Application has been made through the Wisconsin Counseling Association for approval of this activity for masters level counselors.

## **KEYNOTE PRESENTATION:**

### **Jeanette Tries, Ph.D., OTR Biofeedback & Rehabilitation Treatment of Pelvic Floor Pain Disorders**

Dr. Tries obtained her B.S. in Occupational Therapy at the University of Wisconsin Milwaukee and completed her M.S. and Ph.D. at Marquette University. She has 20 years experience working in the field of biofeedback and behavioral treatment for incontinence and pelvic floor disorders. Dr. Tries currently directs rehabilitation and behavioral treatment at the Aurora Women's Pavilion in Milwaukee, WI and at the University of Illinois hospital in Chicago within the colo-rectal surgery department.

This workshop will describe some physiological processes that contribute to the development of pelvic floor pain. Relevant anatomical structures will be reviewed. The interaction of trauma, disease and psychological factors in the expression of pain symptoms will be discussed. Frequently observed co-morbid conditions will be discussed relative to their influence on pelvic floor muscle dynamics. Neuromuscular re-education and pelvic floor muscle biofeedback assessment will be presented followed by a discussion of rehabilitation protocols. Adjunctive strategies such as postural correction and manual therapy protocols will be described. Medical treatments used independently or in conjunction with rehabilitation will be outlined. The systematic application of treatment strategies will be presented within the context of case studies.

### **Panel Discussion on Dyspareunia in Women presented by:**

**Jacqi Akert, R.N.C., M.S.N.  
Gretchen Fincke, LCSW  
Lynn Vice, Psy.D.**

**Jacqi Akert** is a Women's Health Nurse Practitioner. She received her MSN from University of Wisconsin Oshkosh and her BSN from Columbia Union College.

**Gretchen Fincke** is a Psychotherapist and a certified sex therapist at Pathways Counseling Center where she has worked since 1980. She is a certified supervisor for training other therapists who are working toward certification.

**Lynn Vice** is a psychologist and certified sex therapist, who received her Psy.D. degree from Rutgers University. She is also an assistant professor at the Medical College of Wisconsin. She has been presenting continuing education for doctors and nurses for 25 years.

Attendees will be able to define the causes of dyspareunia, specify key medical treatments, and identify the major psychological issues related to them.

### **Panel Discussion on Practical Case**

#### **Examples presented by:**

**Suellen Brueckner, OTR, BCIAC, PMDB  
DeeAnne Gilling, OTR, BCIAC  
Linda LaBorde, PT, BCIAC  
Ann Moore, PT**

**Suellen Brueckner** has her BS in Occupational Therapy from Mt. Mary College and earned her BCIA certification. She is currently a continence therapist at Wheaton Franciscan Healthcare-Continenace and Pelvic Floor Rehabilitation Clinic.

**DeeAnne Gilling** has her BS in Occupational Therapy and her MS in Human Kinetics. She has her BCIA certification. She is the Lead Occupational

Therapist at Waukesha Memorial Hospital and has been working for more than 20 years with biofeedback and 13 years in pelvic floor dysfunction.

**Linda LaBorde** earned her BS in Physical Therapy from Boston University. She is BCIA-PMDB certified and has worked in San Diego, Fond du Lac, and the Milwaukee area in spine care for more than 20 years. She is currently working in the Spine Care Center with spine care, pelvic floor disorders and has recently added chronic prostatitis to her treatment specialties.

**Ann Moore** earned her BS in Physical Therapy from Northwestern University and her Masters in Health Care Administration from Cardinal Stritch University. She has also earned her Certification in Manual Therapy.

Attendees will be able to identify a causal factor and a diagnostic strategy for pelvic pain. They will also identify two treatment methods for pelvic pain.

### **Relaxation Strategies for Pain Management in the Treatment of Pelvic Floor Dysfunction presented by:**

**Janice Singles, Psy. D.**

Janice Singles is a psychologist who received her Psy.D. degree from Virginia Consortium of Professional Psychology in 1989. She has been working in Behavioral Medicine and Pain Management for the past 11 years and is Senior Psychologist at University of Wisconsin Hospitals and Clinics.

Attendees will be able to specify two methods of relaxation for assisting patients with dyspareunia..

